

**ODESSA COLLEGE ASSOCIATE DEGREE NURSING PROGRAM**  
**COURSE SYLLABUS**

**DEPARTMENT:** NURSING SCIENCE

**COURSE TITLE:** HEALTH ASSESSMENT

**SECTION NAME:** RNSG\_1215\_99

**START DATE:**

**END DATE:**

**MODALITY:** Hybrid

**CREDIT:** 2 HOURS (1 Lecture/1 Lab)

**LICENSING/CERTIFICATION AGENCY:** BOARD OF NURSING (BON).

**INSTRUCTOR INFORMATION:**

Zassar Gatson RN, MSN

OC Email: [zgatson@odessa.edu](mailto:zgatson@odessa.edu)

Office Phone: 335-6333

Office: CT room 209

**COURSE DESCRIPTION:**

Development of skills and techniques required for a comprehensive nursing health assessment within a legal/ethical framework.

**PLACEMENT:**

FIRST SEMESTER OF NURSING PROGRAM; MAY BE TAKEN PRIOR TO PROGRAM ADMISSION

**PREREQUISITES:**

BIOL 2401 OR CONSENT OF DEPARTMENT

**CO-REQUISITES:**

BIOL 2402 OR PROGRAM ADMISSION WITH RNSG 1201, RNSG 1105, RNSG 1309, RNSG 1341 AND RNSG 1360

**SCANS:**

1, 2, 5, 6, 9, 10, 11

**COURSE OBJECTIVES:**

1. Explain the health status and health needs of clients based upon interpretation of health data. (PO1).
  - a. Relate the health assessment of the client to the norm.
  - b. Demonstrate appropriate physical assessment skills.
  - c. Interpret assessment findings as normal or abnormal, by age groups.
  - d. Relate anatomy and physiology to assessment findings.

- e. Contrast subjective and objective data in the assessment and history taking.
2. Demonstrates basic decision making skills by using clinical data and current literature as a basis for determining nursing diagnoses and appropriate interventions. (PO2)
- a. Summarize and demonstrate appropriate interview techniques for history data gathering.
  - b. Demonstrate appropriate interview techniques, using a caring approach, in the simulated lab using a peer partner.

In the role of Member of Profession:

3. Explain actions appropriate to this level of knowledge that show accountability and responsibility for the quality of nursing care provided to clients. (PO12)
- a. Demonstrate accurate nursing documentation of the assessment and history taking interview.
  - b. Represent the profession in a manner which reflects positively on self and nursing. (Lab affective behavior).

**A.) You must purchase the following *required* readings/materials:**

Jarvis, Carolyn (2012). *Physical Examination & Health Assessment*. (6<sup>th</sup> Ed.) Saunders: St. Louis

**B.) You are encouraged to buy the following *optional* books/materials**

Jarvis, Carolyn (2012). *Student Laboratory Manual for Physical Examination & Health Assessment*. (6<sup>th</sup> Ed.) Saunders: St. Louis.1

Jarvis, Carolyn, (2012). *Pocket Companion for Physical Examination & Health Assessment*. (6<sup>th</sup> Ed.) Saunders: St. Louis.

**C.) REQUIRED COMPUTER SOFTWARE:** The following are links to software that is required to view files in this course.

Microsoft Word Viewer: <http://www.microsoft.com/downloads/details.aspx?FamilyID=95e24c87-8732-48d5-8689-ab826e7b8fdf&DisplayLang=en>

Adobe Reader: <http://www.adobe.com/products/acrobat/readstep2.html>

**D.) REQUIRED INTERNET ACCESS:**

Odessa College Blackboard: <http://blackboard.odessa.edu>

**E.) REQUIRED SUPPLIES**

Stethoscope  
Penlight  
Black Ink Pen  
Shorts

Halter top/ T-shirt

**COURSE REQUIREMENTS (Lectures, Assignments and Assessments):**

**LECTURE:** *Lecture is web based only.* It is divided into modules. Each module will have set of objectives, assignments & quizzes. Make sure to check the calendar for due dates.

**QUIZZES:** Multiple choice questions. Must be completed individually. No makeup quizzes will be given. Ample time will be given to take quizzes. One point will be deducted per minute over the designated time (1min/1pt.). See calendar for dates and times.

You can call or email me if you would like to review your quiz. We will set up a time to meet. You only have one week to review your quiz.

**LABORATORY COMPONENT:**

The laboratory component is designed to give each student the opportunity to practice the data collection methods, assessment techniques and skills, and the documentation procedures that are taught in the didactic portion of the course. Initially you will need to bring shorts and a halter top or T-shirt for assessments. Later, **all** students will **dress in hospital gowns** for assessments.

Punctual lab attendance is mandatory and essential for success in this course. On-site laboratory attendance policy for the assessment class will follow the same guidelines listed in the college catalog. This policy states that any student who misses as much as 20 percent of scheduled class time in any semester should review his or her standing in the class with the instructor and determine whether to continue in class or withdraw. The ability to meet course objectives may be seriously jeopardized for students missing more than 1 day of laboratory instruction. The student needs to obtain a physician's excuse for the absence (or other pertinent documentation). Call instructor immediately when conflict arises and prior to making a decision to drop.

This laboratory component is graded on a Pass/Fail basis (see calendar for lab dates). You will need to print out provided worksheets to guide that day's laboratory learning experience. Completed and turned in lab worksheets will receive a Pass for that lab day. Lab worksheets that are not filled out completely will receive a Failed and must be corrected and resubmitted within two days. You must turn in all of the COMPLETED worksheets and required written assessments in order to pass the course. Papers needing to be submitted later may be dropped off with the nursing secretary and stamped with date and time.

Instructors will be circulating in the room in order to monitor the assessments and to offer suggestions and/or corrections wherever required. Students will use a different partner for each of the assessments. Failure to do each of these practice assessments will result in a Failure for the course. The **mandatory** practice assessments **MUST** be performed during laboratory time with laboratory instructors present. Students are encouraged to utilize opportunities to practice skills and/or ask questions.

Each student will also be required to complete one practice complete head to toe assessment and write up prior to the final check-off (See calendar). Due to time constraints, your write up will be due the day of the practice assessment. You may call to make arrangements to review your feedback on your write up if not received during class time.

You and a student partner will sign-up for the final assessment check-off after the practice complete head to toe assessment. Rescheduling is **not available** due to limited time and space for final check-offs. You must have a stethoscope and penlight. You must print and give the instructor your Final evaluation forms for the check-off and the written portion before you begin.

You will be allowed to use a cue sheet (will be provided) during your final assessment check-off. You may not read the sheets. They should be used for reference only. Failure to use for reference only will result in a lower grade.

**FINALEXAM:** Multiple choice questions. See calendar for dates.

**HEAD TO TOE Demonstration:** Must pass with 80%. **One attempt** allowed.

**DEMO WRITE-UP:** Must pass with 80%. **One attempt** allowed

**Laboratory Component** (a failure in lab constitutes a course failure) = P/F (pass/fail)

#### **COURSE POLICIES:**

Students will be using other students for their lab partners and this will involve some touching of each other. Students will be expected to wear gowns and shorts for assessments.

***If you are enrolled in the first semester of the nursing program, this course must be successfully completed for progression to second semester.***

**Students are responsible for all material presented or assigned in this course.**

If a student decides to withdraw from class, **please** contact the instructor prior to making this decision. If a decision to drop is made, he or she must comply with the deadlines published in the college's calendar. **Withdrawal from the course will be the responsibility of the student.**

**Weekly Grades:** the students will be expected to make five substantial postings (one/day) on five separate days of the week in reference to questions and other student's postings. The maximum weekly grade will be 50 points. This total for all 16 weeks will be equivalent to **10%** of your final grade.

**TEACHING/LEARNING METHODS:** The following methods may be incorporated into RNSG1215: Demonstration and practice return demonstration, audio-visual aids, technological instructional modalities, reading assignments, and other written assignments

**All weekly quizzes are due on Saturday before midnight.**

**WEEK 1-15 Topic /Overview :****Summary of Assignments & Activities**

ITEM (NAME)	TYPE	DESCRIPTION	DUE
Module 1	Read Ch 1, 2, 3, & 4, Quiz	Evidence – Based Assessment, Culture, Interview, Health History,	See Course Calendar
Module 2	Read Ch 5, 6, 7, & 8, Quiz	Mental, Substance Use, Violence, Assessment techniques	See Course Calendar
Module 3	Read Ch 9, 10, & 11, Quiz	Gen. Survey, Vital Signs, Pain, Nutritional	See Course Calendar
Module 4	Read Ch 12 & 13, Quiz	Skin, Hair, Nails, Head, Face, Neck, Lymph Nodes	See Course Calendar
Module 5	Read Ch 14, Quiz	Eyes	See Course Calendar
Module 6	Read Ch 15, Quiz	Ears	See Course Calendar
Module 7	Read Ch 16, Quiz	Nose, Mouth, & Throat	See Course Calendar
Module 8	Read Ch 18, Quiz	Thorax, Lungs	See Course Calendar
Module 9	Read Ch 19, quiz	Heart, Neck Vessels	See Course Calendar
Module 10	Read Ch 20, Quiz	Peripheral Vascular System, Lymph System	See Course Calendar
Module 11	Read Ch 21, Quiz	Abdomen	See Course Calendar
Module 12	Read Ch 22, Quiz	Musculoskeletal	See Course Calendar
Module 13	Read Ch 23, Quiz	Neurological	See Course Calendar
Module 14	Read Ch 17 & 26, Quiz	Breasts, Female Genitourinary	See Course Calendar
Module 15	Read Ch 24 & 25,27 - 30 Quiz	Male Genitourinary, Anus, Rectum, Prostate	See Course Calendar

**GRADING POLICY:**

Each week, I will provide grades or scores and comments on assignments within 6 days of when they were submitted. After I send feedback each week, I may post a notification in the **Main** forum.

Late assignments receive a 10% deduction for each day they are late if assignments are not posted by 11:59 p.m. central on the day they are due. Assignments more than 5 days late will not be accepted.

**Technological issues will not** be considered as valid grounds for late assignment submission. In the event of a server outage, students should submit assignments to the instructor.

Percentage %	Grade
90 - 100	A
89 - 80	B
79 - 75	C
74.99 - 70	D
69 - <	F

**\*The student must attain an average of 75 or above on the combination of unit quizzes and the final examination, Pass all Labs, PLUS a grade of 80 or above on the demonstration of the physical assessment and a 80 on the write up in order to pass the course.\***

**EVALUATION:**

	Total
Quizzes :	40%
Lab:	P/F
Final Exam:	25%
Head to Toe Demonstration	20%
Demo Write-up	5 %
Weekly grade	10%

**Student Contract**

I have read the course syllabus for RNSG 1215\_99 or RNSG, the Odessa College Handbook, and the Nursing Department Student Handbook. I understand the requirements, grading policies and attendance policies for the theory and clinical portion of this course.

I have in my possession information regarding Declaratory Orders. I understand that it is my responsibility to apply for a Declaratory Order from the Texas Board of Nursing if there is any question about my being eligible to take the NCLEX-RN Examination. I future understand that the fee required for petitioning for a Declaratory Order is subject to change.

Student's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Instructor's Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Special Needs**

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

### **Learning Resource Center (Library)**

The Library, known as the [Learning Resources Center](#), provides research assistance via the [LRC's catalog \(print books, videos, e-books\)](#) and [databases \(journal and magazine articles\)](#). [Research guides](#) covering specific subject areas, [tutorials](#), and the "[Ask a Librarian](#)" service provide additional help.

### **Student E-mail**

Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. All assignments or correspondence will be submitted using your Odessa College email.

### **Student Portal**

Please access your [Odessa College Student E-mail](#), by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. All assignments or correspondence will be submitted using your Odessa College email.

### **Technical Support**

For Blackboard username and password help and for help accessing your online course availability and student email account contact the Student Success Center at 432-335-6878 or online at [https://www.odessa.edu/dept/ssc/helpdesk\\_form.htm](https://www.odessa.edu/dept/ssc/helpdesk_form.htm).

### **Important School Policies**

For information regarding student support services, academic dishonesty, disciplinary actions, special accommodations, or students' and instructors' right to academic freedom can be found in the [Odessa College Student Handbook](#).